

Player Name: \_\_\_\_\_

Date: \_\_\_\_\_

# Safer Soccer @ Home



Safer Soccer @ Home brings our soccer practice skills into your home. Every day that you practice, fill out the WESCO bingo sheet by spending 30 minutes doing 5 activities in a line! Videos and activities information can be found on the WESCO website:

[www.wescosoccer.org/recreational/](http://www.wescosoccer.org/recreational/)

# W E S C O

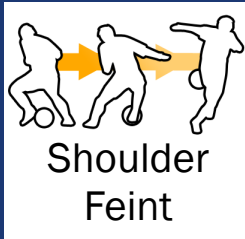
# O

# G

# Z

# I

# B

 Ball Juggling	 Shoulder Feint	 Dribbling Cone line	 VIDEO of the DAY	 Toe Touches
 Small Square Cuts & Pullbacks	 VIDEO of the DAY	 Toe Touches	 Ball Juggling	 Wall or player Passing
 Toe Touches	 Ball Juggling	 PLAYER CHOICE	 Shoulder Feint	 VIDEO of the DAY
 Dribbling Cone line	 Quick Turns	 VIDEO of the DAY	 Toe Touches	 Ball Juggling
 VIDEO of the DAY	 Toe Touches	 Ball Juggling	 Small Square Cuts & Pullbacks	 Quick Turns



Save your bingo cards for rewards at the end of the season!