



WESCO United

COVID-19 Health and Safety Action Plan

Guidelines and Protocols for Coaches, Families, and Players

Last Updated March 3, 2021

WESCO will prevent and reduce transmission of COVID-19 by implementing the following safety protocols. By participating, you are agreeing to follow these protocols.

Touchless Registration and Payment

Please use TeamSnap to register and pay online. If this is not possible contact the Office Manager to make alternative arrangements.

Office Closed

All non-essential visits by vendors, subcontractors, clients, etc. to the office are suspended. WESCO office staff is working remotely.

Safety Table

While keeping 6 feet of space between you, please check in when you arrive. One guardian per child.

1. **Temperature check (touchless)**
2. **Health screening**
3. **Emergency contact**

Daily COVID-19 Health Screening

COVID-19 Health Screening must be filled out daily by all employees, volunteers, coaches, and participants. Each coach is responsible for assigning a Safety Monitor to oversee this process for each practice.

We encourage everyone to fill out the COVID-19 Health Screening via TeamSnap prior to arriving at the field. At the field, the Safety Monitor will ask questions and fill out the form to reduce contact.

Cleaning and Disinfecting Protocols

Any shared equipment will be cleaned between sessions. Coaches are to set aside extra time before and after practice to make sure this is done, per California Department of Public Health guidelines (see Safety Binder). Use hand sanitizer when entering and exiting the field, and as necessary.

Masks Required

Everyone is required to abide by the California Department of Public Health's mandate to wear face coverings when in public, including during close-contact play. Masks will be required until coaches let players know they can be removed.

Social Distancing

Stay 6 feet away from others at all times when off the field, especially when masks are off. Contact is allowed during practices and games while masks are worn.

Limits on Gear

Participants will have a small space to store gear. Do not bring a large gear bag. Personal gear must be limited to what can fit in a small gear bag, and a water bottle. No sharing of drink bottles or other personal equipment. Come dressed to play!

Limited Spectators

At this time, spectators are limited to immediate household members and for the strict purpose of age-appropriate supervision. Observers must maintain at least 6 feet from non-household members.

First Aid

In case of emergency, please be near, with your cell phone on. In order to maintain social distancing coaches will be able to provide limited help in the case of an injury. Parents/Guardians are asked to remain close and keep their cell phone handy.

Bathroom Breaks

Whenever possible please have your child use the bathroom before they arrive. As with first aid, coaches are to have limited close contact. Please be available by cell phone if young children need to be taken to the restrooms. Restrooms may be closed in some locations.

If someone is sick or contracts COVID-19

Local health officials will be notified. Families will be notified while keeping the identity of the individual private. Practice plans will be re-evaluated, and new plans communicated.

Stay Informed

This guidance is based on what is currently known about the coronavirus disease (COVID-19) as provided by the Centers for Disease Control and Prevention (CDC). The CDC will update their guidance as additional information becomes available, on their webpage, <https://www.cdc.gov/>. Current local information can also be found at the Sonoma County Emergency and Preparedness webpage, <https://socoemergency.org/>.

Guidelines are subject to change as new information emerges.

Thank you for your help in preventing the spread of COVID-19 and for your understanding and cooperation!